

Instructions for 2 FLEET ENEMA's prior to SURGERY

You will need to purchase the following item: One twin pack enema, This can be OFF BRAND but most people recognize the name FLEET Enema

DO NOT INGEST ORALLY

Read the entire instructions on the back of the package. When ready to use, remove the tip of the applicator and insert into the anus until the base of the bottle touches the rectal area. Squeeze the bottle slowly and gently until all the liquid is inside the rectum. Remove the applicator and allow the enema to work.

Please follow ONLY one instruction below:

- a. 2 enemas back to back about an hour before you head into the hospital for your procedure.

- b. 1 enema about an hour before bed and 1 enema the next morning, about an hour before ou head into the hospital for your procedure.

Procedure Day/Time: _____

Follow instruction: A B